

Cathare Balm

With essential oils
and beeswax

ESSENTIAL OILS :

- Ravintsara
- Saro
- Eucalyptus
- Niaouli
- Wallflower
- Mint
- Citriodoras

Le Baume
Cathare



muscle and joint pain,
combats viruses and bacterial,
itching,
Insect bites,
bruises,
Knocks,
trauma,
headache,
flu and fatigue,
coughs,
cold sore,acne

100%
NATURAL



Cathare Balm

Directions for use

For ear, nose and throat problems, flu, and fatigue:

*Take a little balm, rub well between the hands, then holding your hands before your face. take several deep breaths, or take as much as may be held on the tip of a teaspoon, dilute the balm in a bowl of hot water and inhale
2 to 3 times a day*

For pain, sting, itching, acne, Knocks, bruises:

*apply to the balm onto the affected place, and massage gently
2 to 3 times a day*

Not recommended

*for Children under three, for pregnant women,
for persons allergic to essential oils or beeswax*

Precautions for use

*Avoid contact with eyes and nose
For external use only.
Keep away from children*



www.baumecathare.fr